

Grand Rounds

Rigshospitalet

rigshospitalet.dk/grandrounds



Grand Round om embolisering

Susanne Frevert, overlæge, Rigshospitalet

Procedure: Embolisering

- Definition:
 - Terapeutisk placering af materiale i blodårene mhp. at okkludere dem.



Rigshospitalet
Diagnostisk Center

1904
Dawbarn

1953
Seldinger

1960-1970
Luessenhop
Doppman
Djindjin

1972
Rösch

Ca. 4.000
publikationer
i 2022

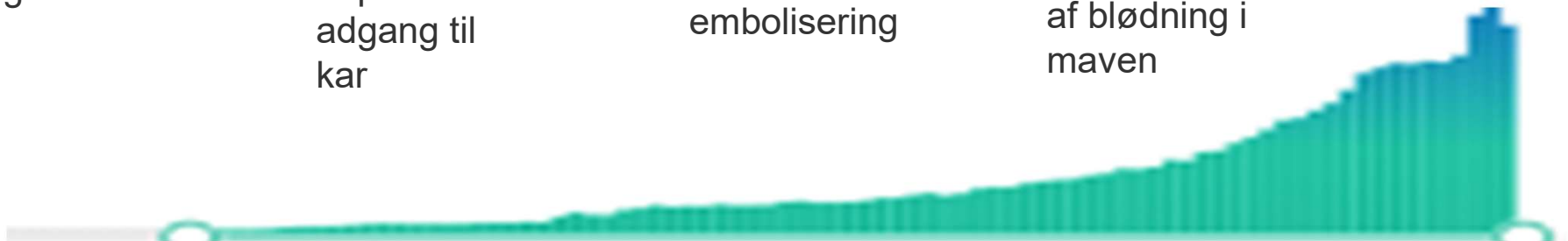


Første
embolisering

Beskrivelse
af percutan
adgang til
kar

Første
perkutane
embolisering

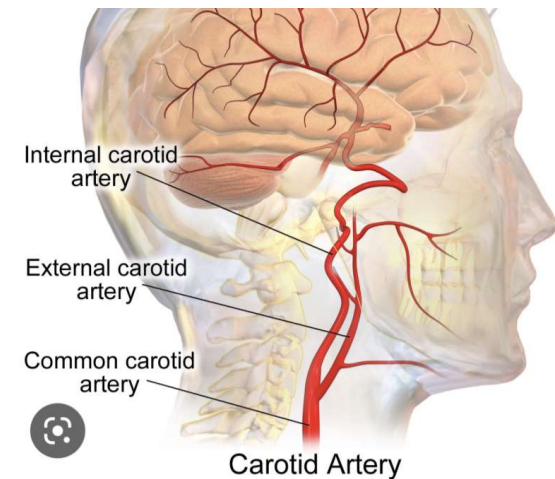
Første
embolisering
af blødning i
maven



Historie - 1904

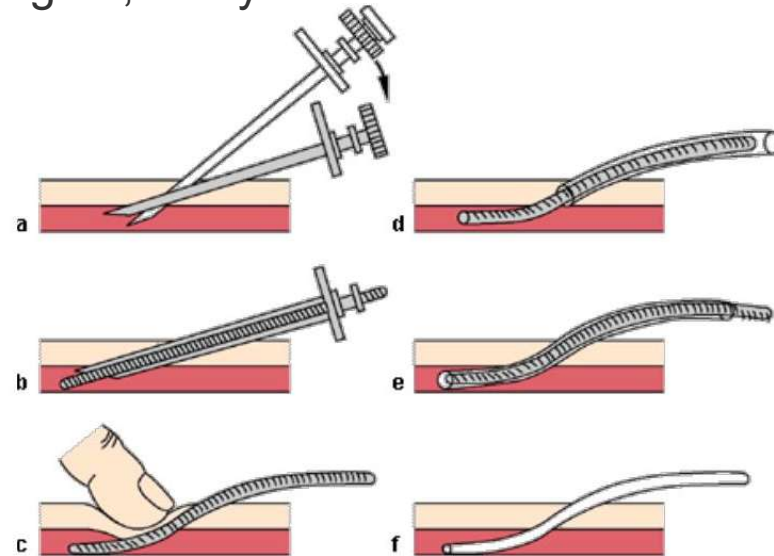
- Amerikansk kirurg R.H.M Dawbarn (1860-1915)
 - Inoperable hoved/halscancer
 - Beskrev injektion af 1 del hvid parafin/9 dele hvid vaselineblanding ved direkte inj. i frilagt A. carotis externa.
 - Kan inj. ved 49°C, størkner ved 42°C.
 - Patienterne oplevede reduktion af tumor og smertelindring

Bruges nu mest som
skopudsemiddel



Historie - 1953

- Svensk radiolog: S. I. Seldinger (1921-1998)
 - Placering af kateter i blodkar mhp. arteriografi, en ny teknik



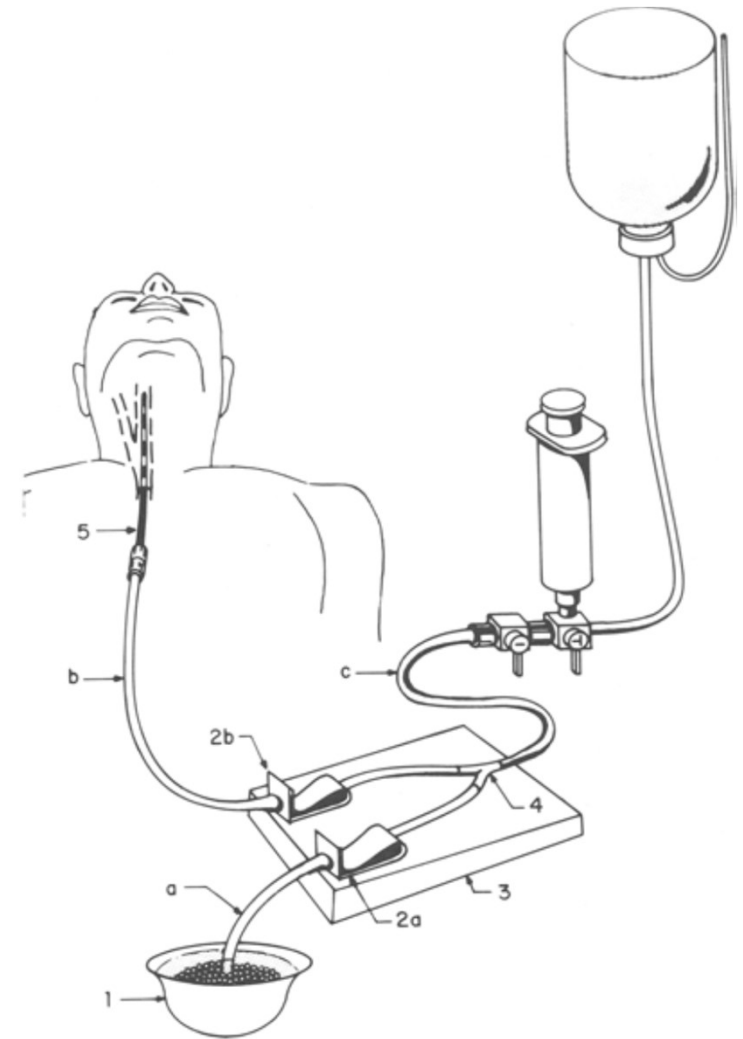
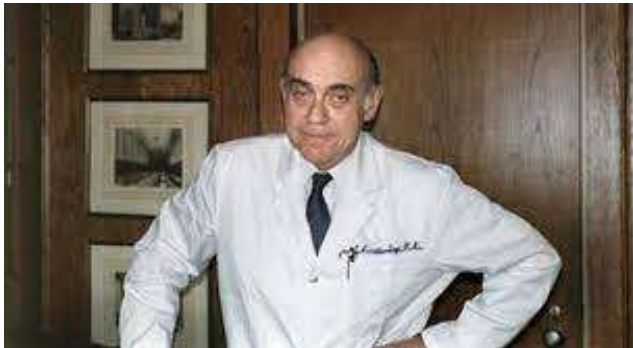
Seldinger teknik

1. Lokal anæstesi
2. Pkt. med kanyle, når pulserende blod
3. Indføres guide wire
4. Nål fjernes under kompression
5. Kateter føres ind over guide wire.



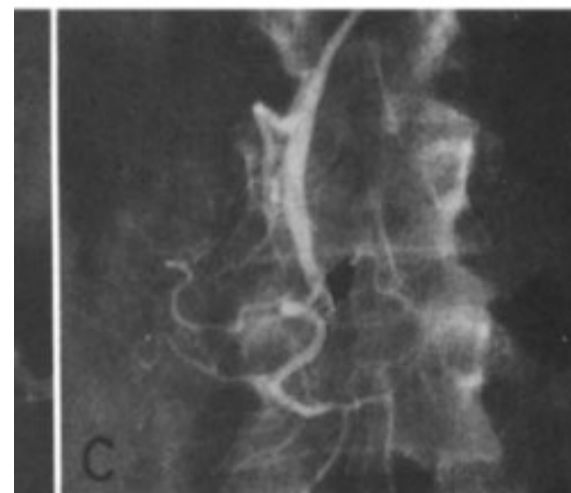
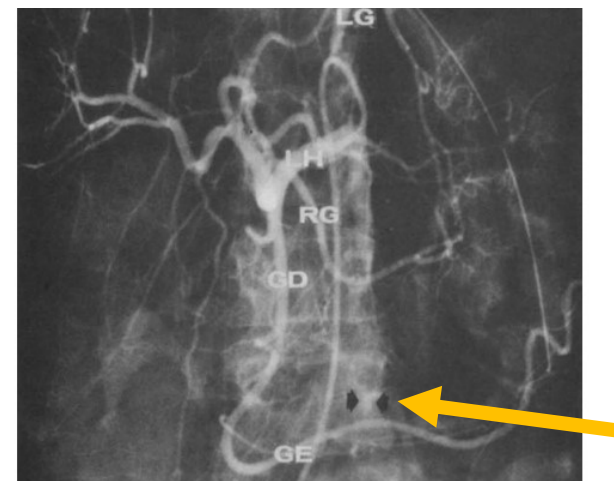
Historie - 1960

- Amerikansk neurokirurg
- A. J. Luessenhop (1926-2009)
 - *Artificial embolisation of cerebral arteries.*
Report af metoden i en arteriovenøs malformation.



Historie - 1972

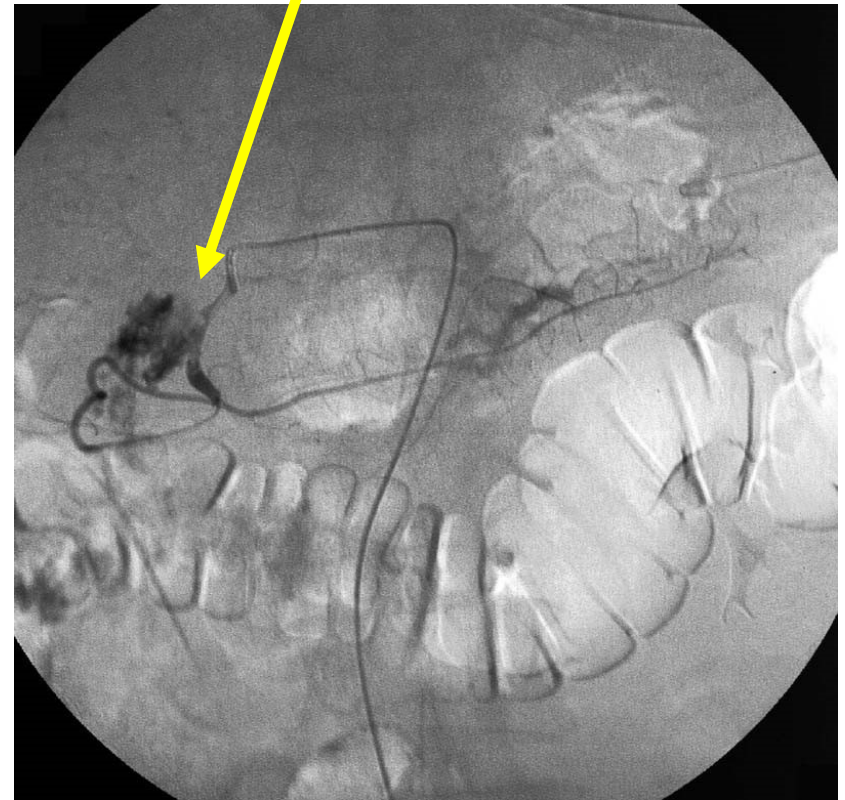
- J. Rösch (1925-2016)
 - Selektiv arteriel embolisering
 - Svært comorbid yngre patient med gastrointestinal blødning.
 - Emboliseret med injektion af koaguleret blod.
 - Blødningen stoppet



1970'erne

- Digital subtraktionsarteriografi
 - Betydelig bedre billedkvalitet med flere detaljer.

Arteria gastroduodenale
med ekstravasation til duodenum

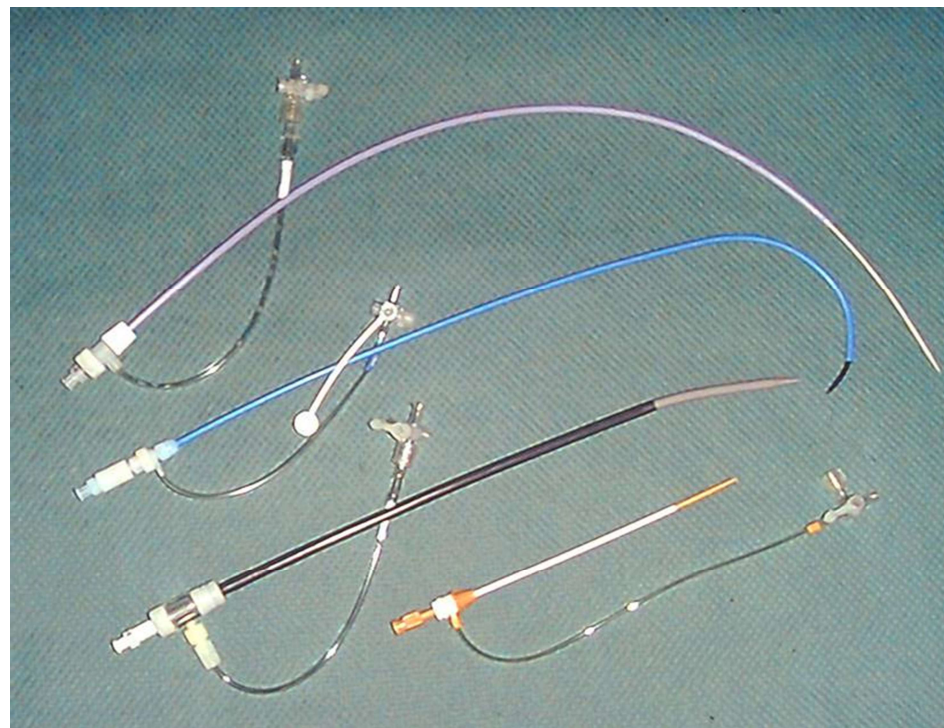
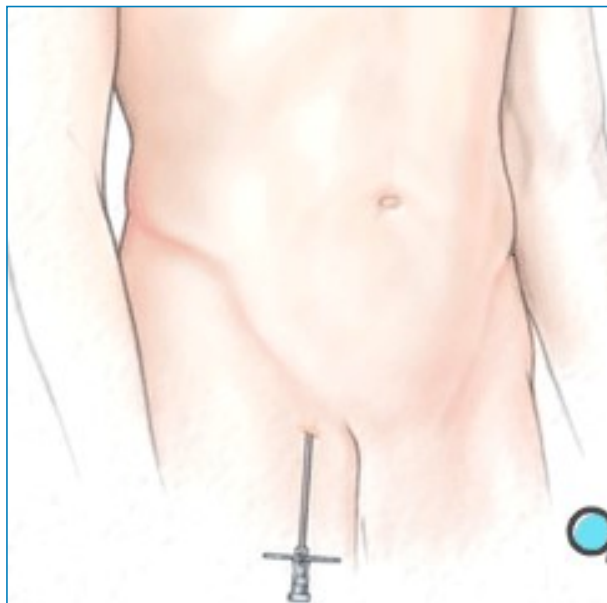


Billede – maske = subtraktionsangiografi.

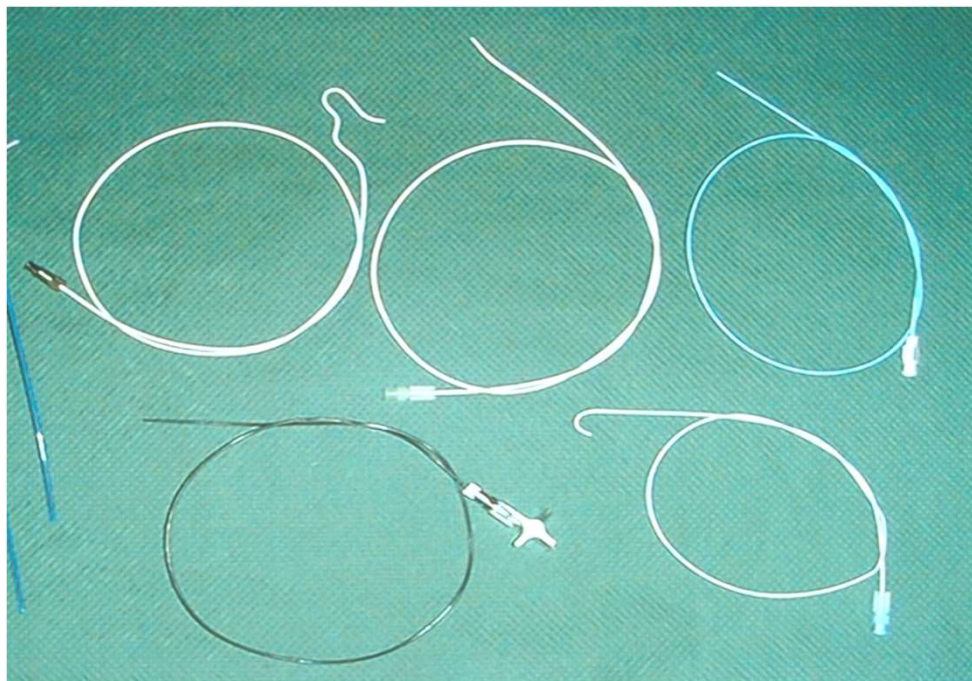


Fod med arteriovenøs
malformation

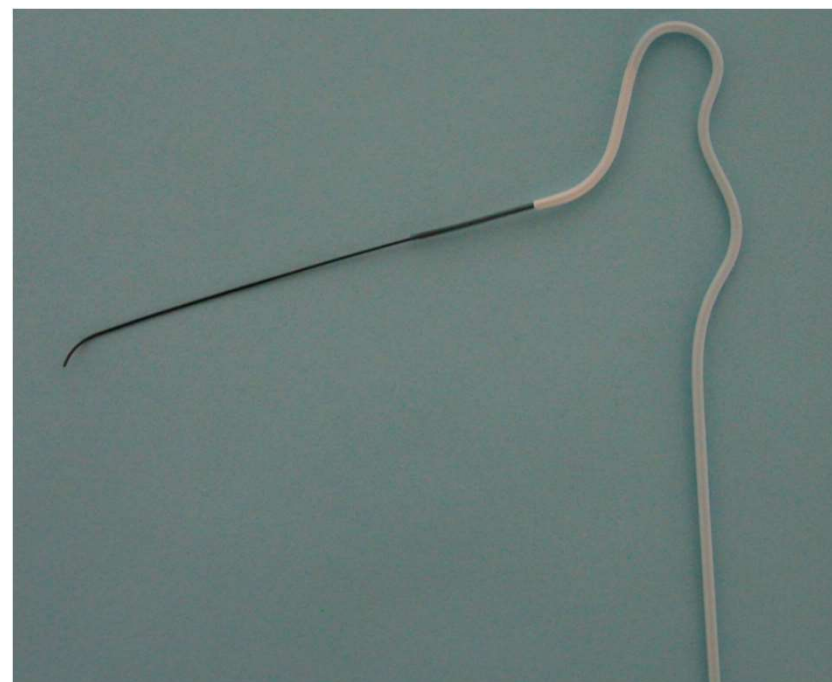
Hele kroppens arteriosystem kan nås fra lysken



Diagnostiske katetre 4-5 fr.



Microkatetre ca. 2,4 fr.



SwiftNINJA mikrokateter < 1 mm

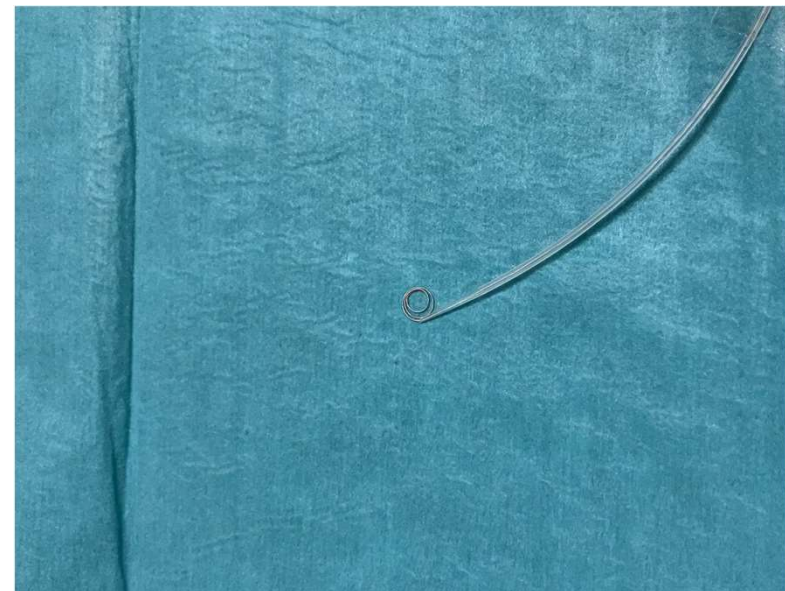
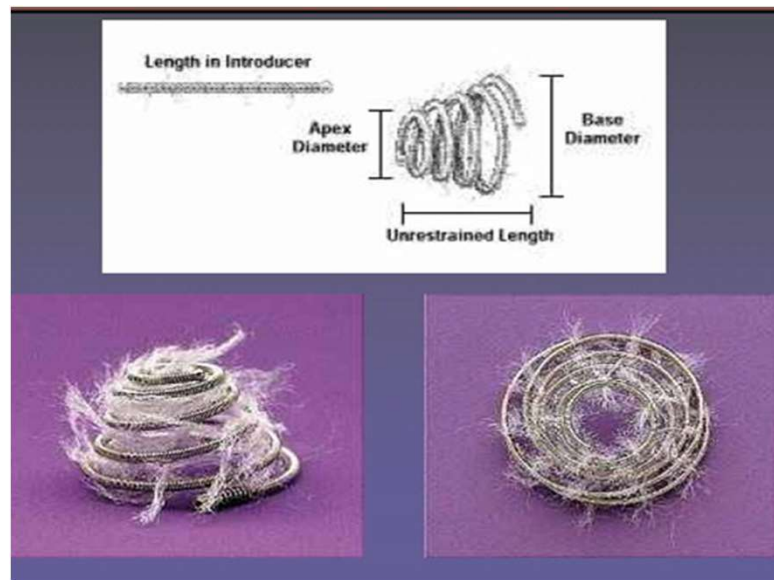


Emboliseringsmaterialer

- Coils
- Spongostan
- Flydende
 - Lim, Onyx, absolut alcohol
- Partikler

Materialer

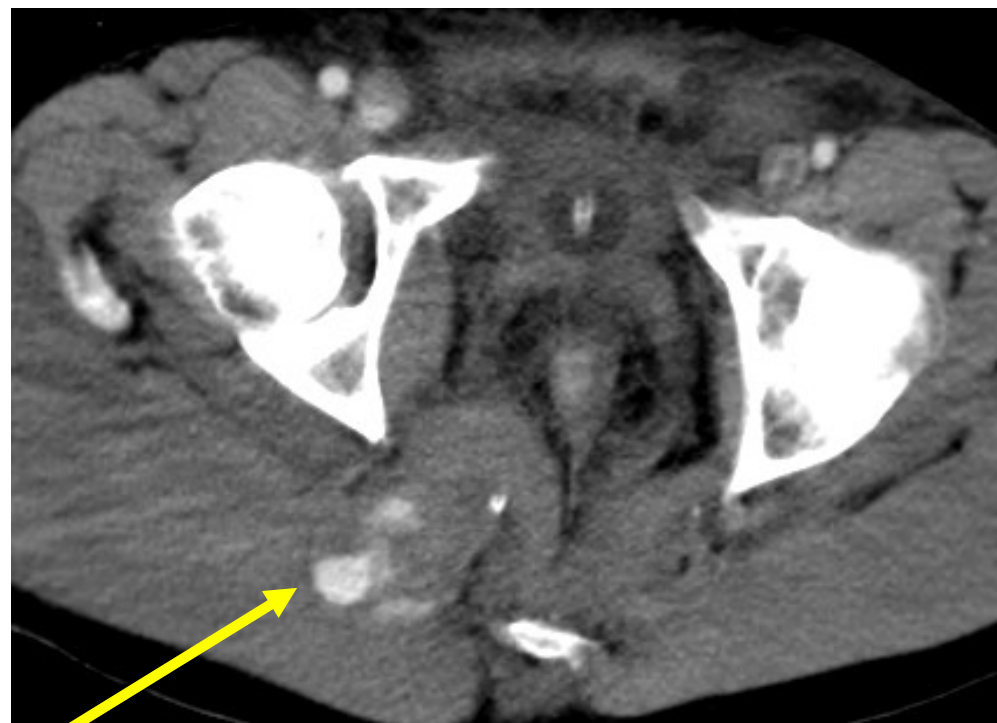
- Metal
 - Rustfrit stål
 - Platin



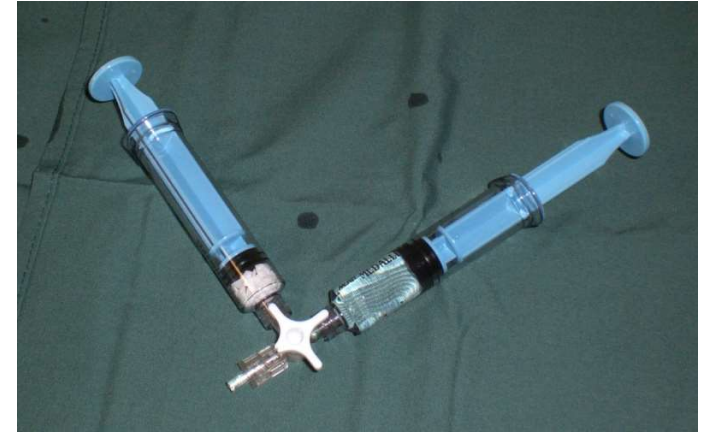
A. Gastroduodenal blødning



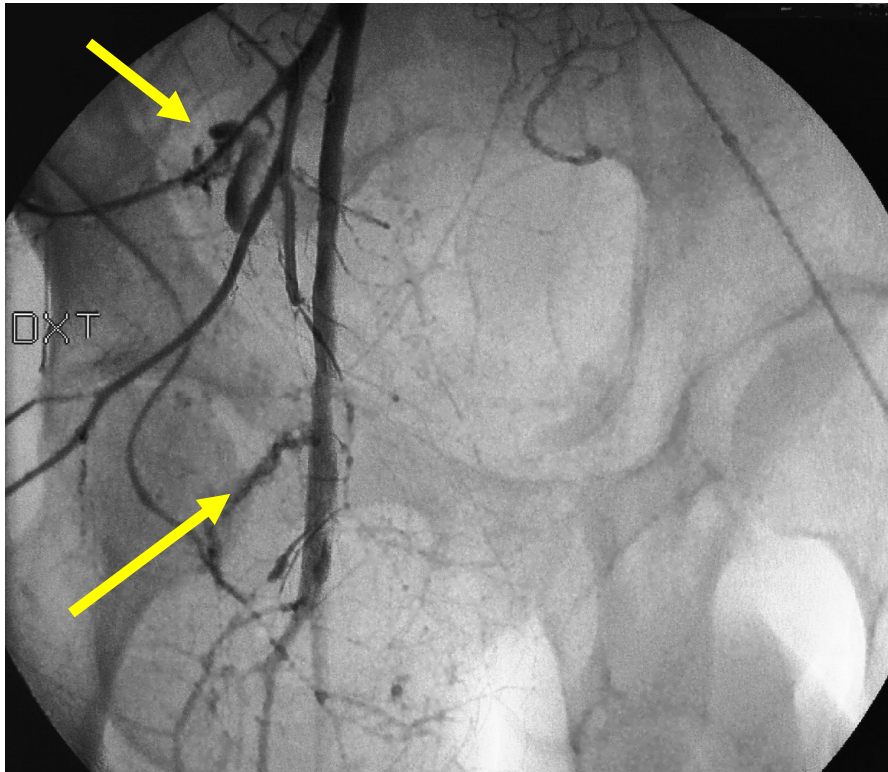
Motorcykelulykke



Gel foam/Spongostan



Gel foam/Spongostan

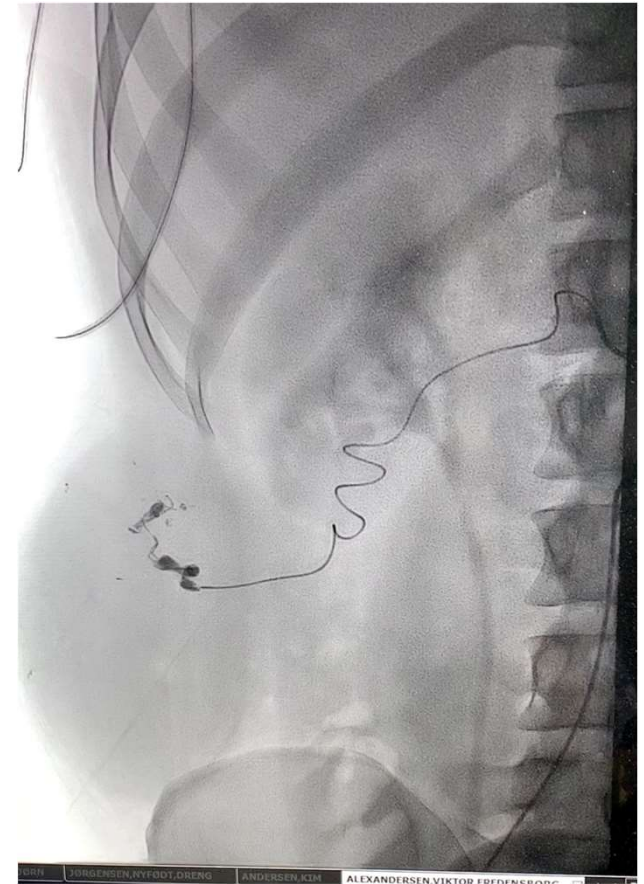
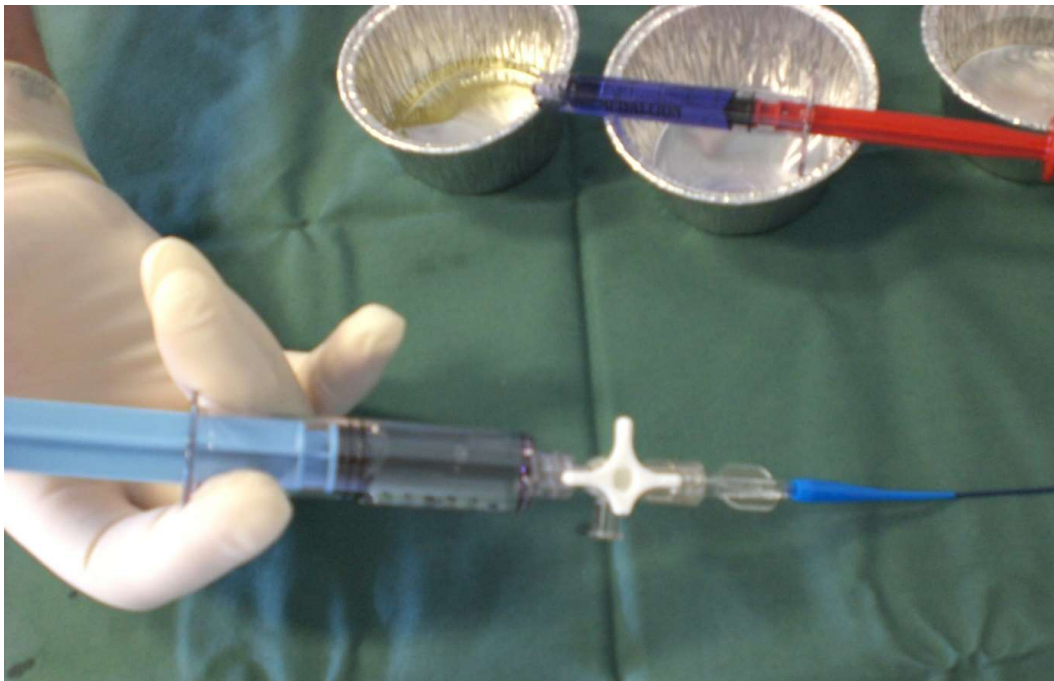


Histoacryl - Lim

- Histoacryl størkner når ved kontakt med frie ioner fx. i blod
- Blandes med Lipiodol, der forsinket processen – dosisafhængig

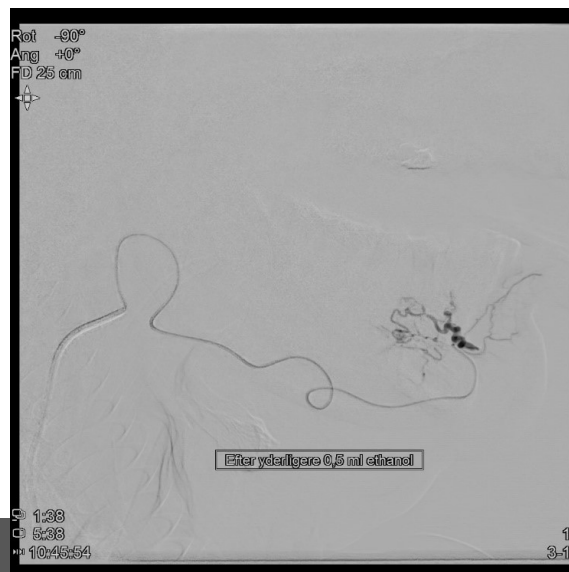
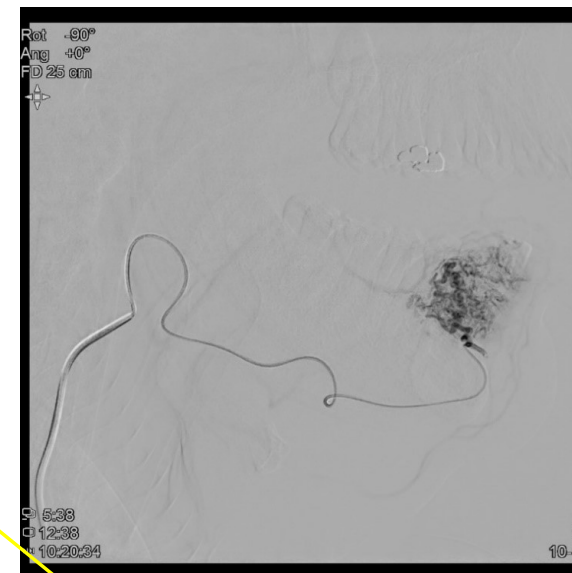


Alt skal skylles med sukkervand



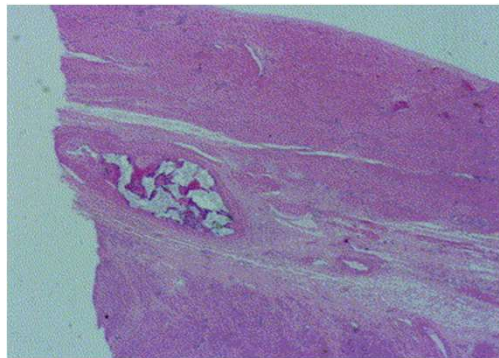
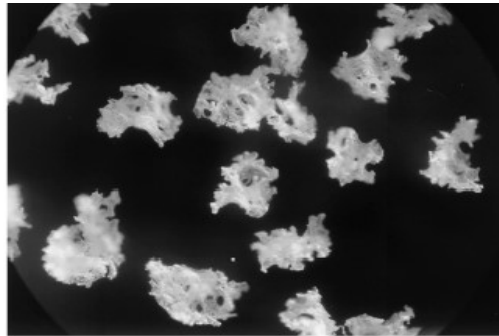
Absolut alkohol

- Flydende emboliseringsmateriale.
- Når meget langt ud i de allermindste kar
- AVM behandlet med 0,3 ml + 0,5 ml alkohol

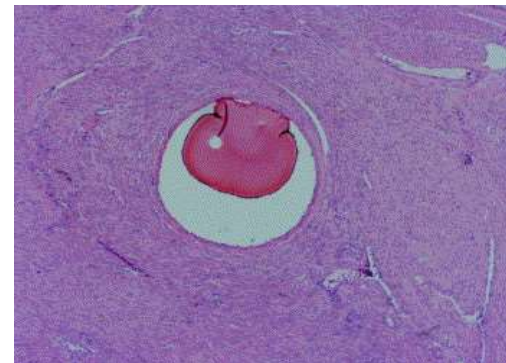
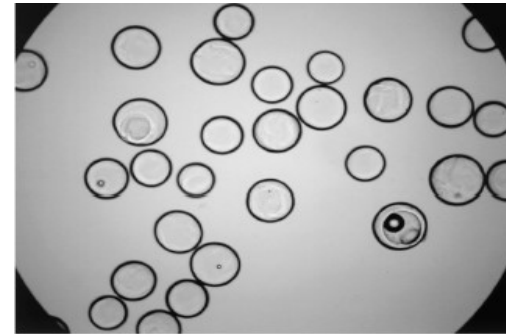


Partikler

Non sfæriske



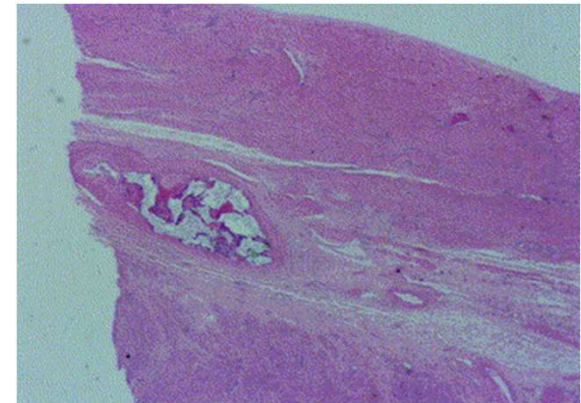
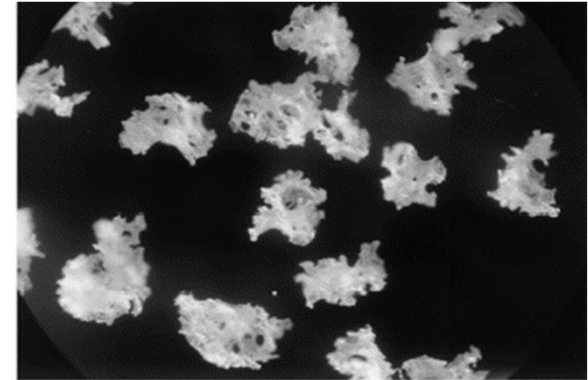
Sfæriske



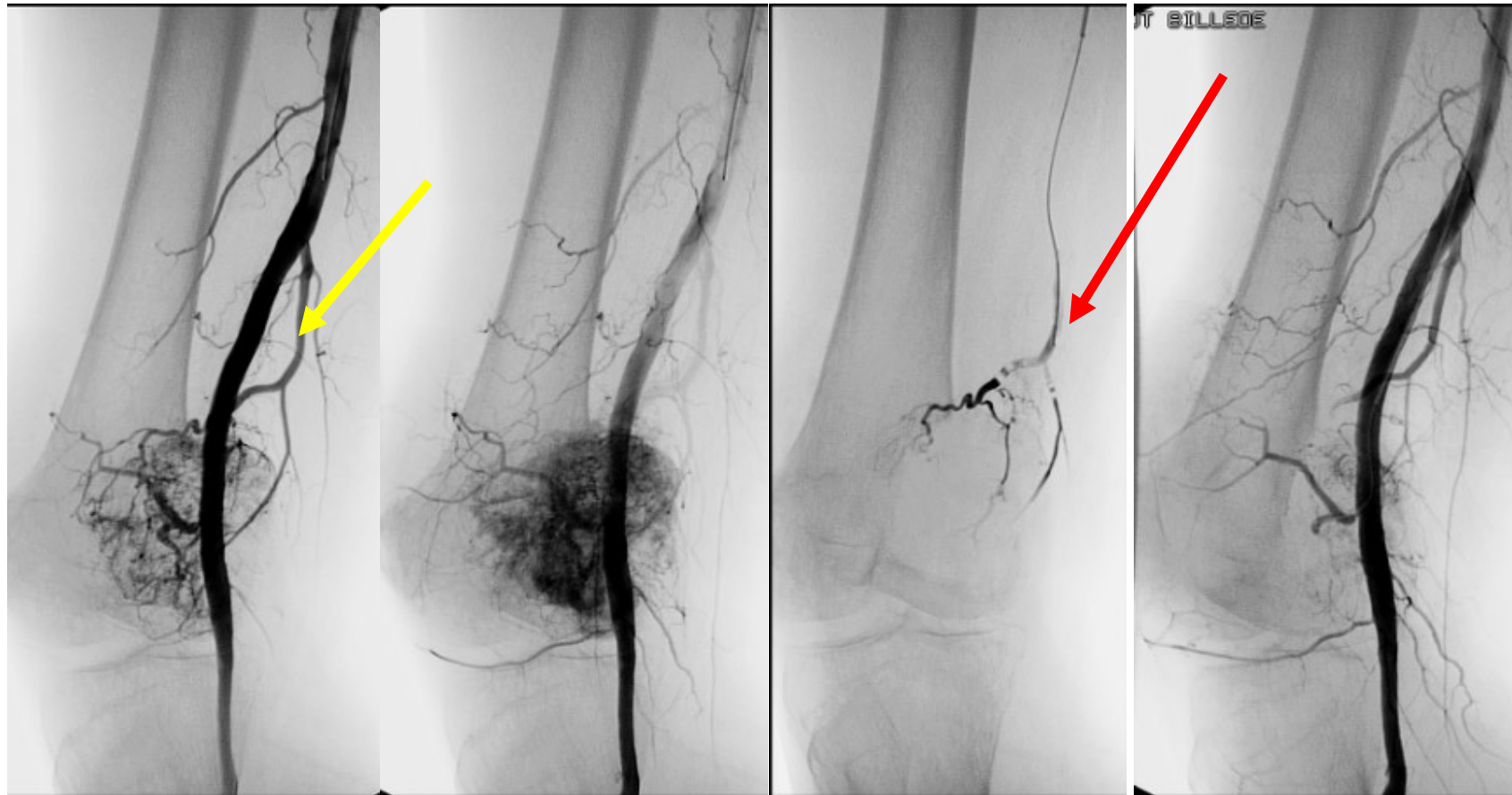
Renal celle carcinom metastase



- Preoperativ embolisering før alloplastik
- PVA 300



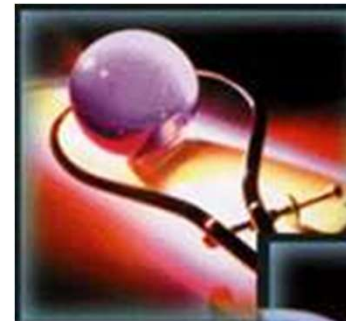
Nyrecancer metastase



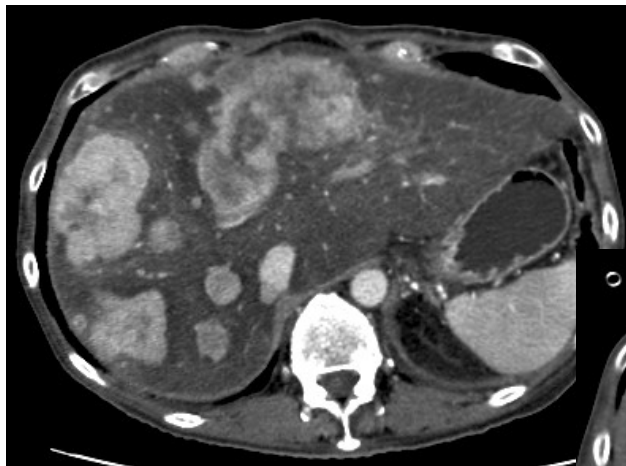
Microspheres - Kalibrerede sfæriske partikler



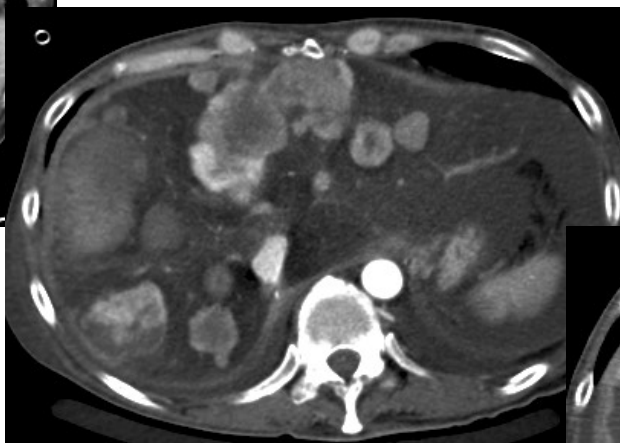
Fidusen er, at partiklerne er tilpasset det kargebet, der skal emboliseres.
Jo mindre partikler, jo længere ud i vævet når de.



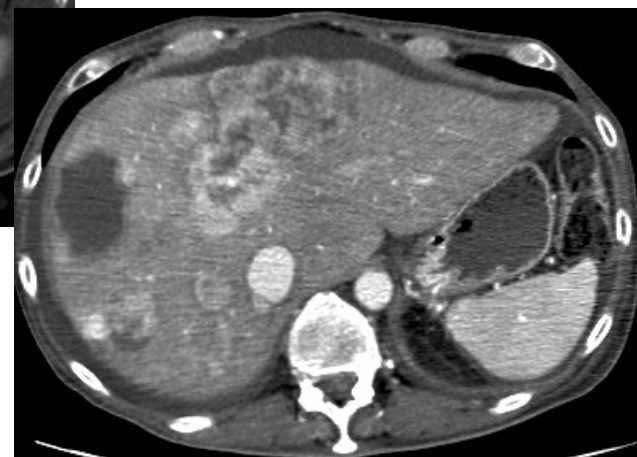
Før



Efter 2 dage



Efter 6 uger



Prostataarterieembolisering (PAE) – En ny behandlingsmulighed for symptomgivende forstørret prostata

Mikkel Taudorf, overlæge, klinisk lektor, Rigshospitalet

Rigshospitalet
Diagnostisk Center



LUTS

Vandladningsbesvær

Statusartikel

Ugeskr Læger 2023;185:V10220650

Behandling af benign prostatahyperplasi

Bettina Nørby¹, Andreas Røder², Charlotte Graugaard-Jensen³, Rimas Bliucukis⁴ & Niels Toft Mikkelsen⁵

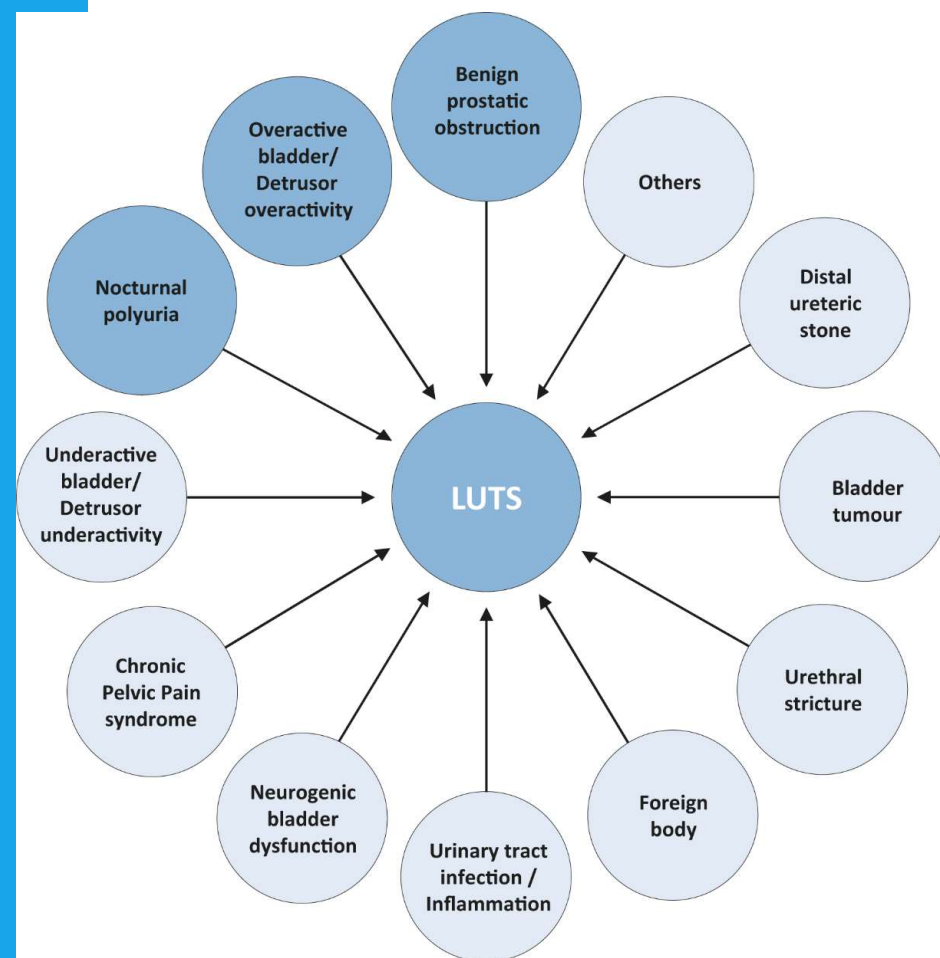
1) Afdeling for Urinvejskirurgi, Sygehus Lillebælt, Vejle Sygehus, 2) Afdeling for Urinvejskirurgi, Københavns Universitetshospital – Rigshospitalet, 3) Urologisk Afdeling, Aarhus Universitetshospital, 4) Urinvejskirurgisk Afdeling, Odense Universitetshospital, Svendborg 5) Afdeling for Urinvejskirurgi, Regionshospitalet Gødstrup

Ugeskr Læger 2023;185:V10220650

Behandlingsmulighederne for benign prostatahyperplasi (BPH) er øget betydeligt gennem de seneste 30-40 år. Transuretral resektion af prostata (TUR-P) er fortsat den mest veldokumenterede behandling, mens åben kirurgi yderst sjældent anvendes i dag [1]. Et betydeligt antal kirurgisk-teknologiske metoder har været afprøvet gennem årene, hvoraf en del er kommet og gået. Udviklingen af den medicinske BPH-behandling har dog været en stor succes og har medført en reduktion i antallet af kirurgiske BPH-procedurer over tid [2].

HOVEDBUDSKABER

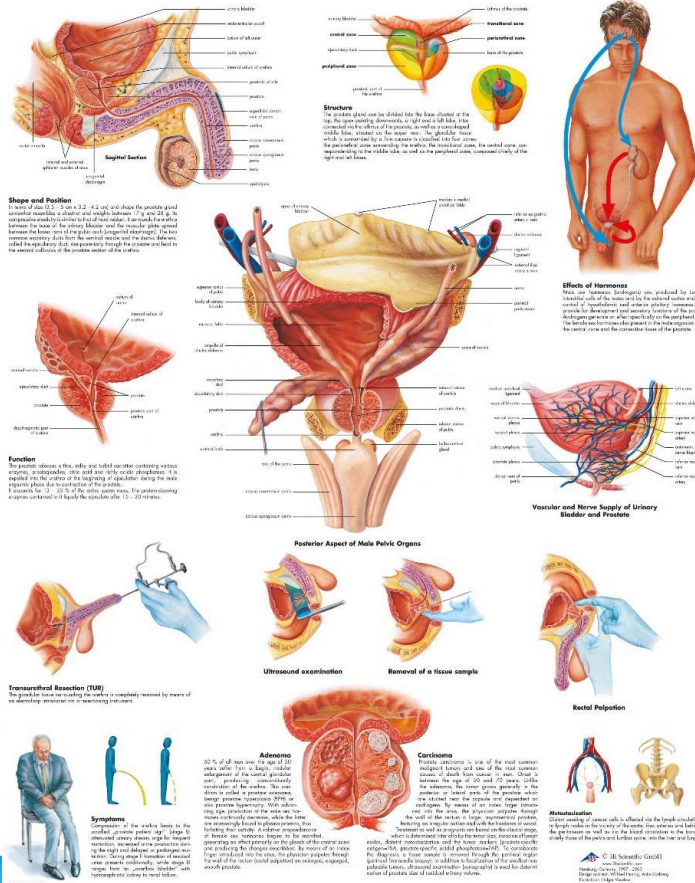
- Grundig udredning af benign prostatahyperplasi (BPH) er essentiel inden beslutning om behandling, da symptomer fra de nedre urinveje er uspecifikke.
- Blandt kirurgiske teknikker til behandling af BPH er transuretral resektion af prostata fortsat guldstandard ved prostatavolumen $\leq 80 \text{ cm}^3$.
- Valg af behandling af BPH afhænger af faktorer hos patienten og af patientpræference.



EAU Guidelines.

Edn. presented at the EAU Annual Congress Milan March 2023.
ISBN 978-94-92671-19-6.

The Prostate Gland



Case Report

Relief of Benign Prostatic Hyperplasia-related Bladder Outlet Obstruction after Transarterial Polyvinyl Alcohol Prostate Embolization¹

John S. DeMeritt, MD
Fakhir F. Elmasri, MD
Michael P. Esposito, MD
Gene S. Rosenberg, MD

Index terms: Prostate, hypertrophy
• Prostate, therapeutic radiology

JVIR 2000; 11:767-770

THE standard management of benign prostatic hyperplasia (BPH) is based on overall patient health and the severity of symptoms. Voiding difficulties attributable to BPH can be quantified with the International Prostatic Symptom Score, a questionnaire consisting of seven symptom categories, with a range of increasingly severe symptom scores from 0 through 35. The score is based on the severity of each of the

CASE HISTORY

A 76-year-old man with a history of moderately symptomatic BPH, treated with oral α -adrenergic blocker therapy, developed acute urinary retention. He was then admitted to the urology service and treated with transurethral catheter drainage for 2 weeks, and finasteride (5- α -reductase inhibitor) was added to his medical regimen.

Randomized Controlled Trial > Radiology. 2014 Mar;270(3):920-8. doi: 10.1148/radiol.13122803.

Epub 2013 Nov 13.

Benign prostatic hyperplasia: prostatic arterial embolization versus transurethral resection of the prostate--a prospective, randomized, and controlled clinical trial

Yuan-an Gao¹, Yan Huang, Rui Zhang, Yu-dong Yang, Qing ;

Affiliations + expand

PMID: 24475799 DOI: 10.1148/radiol.13122803

FREE FULL ARTICLE



PAE på Rigshospitalet

- 2017 - nyt samarbejde mellem Urologisk og Radiologisk klinikker
- Feasibility study

> Diagnostics (Basel). 2019 Apr 25;9(2):46. doi: 10.3390/diagnostics9020046.

Prostate Artery Embolization for Lower Urinary Tract Symptoms in Men Unfit for Surgery

Brian Mallin¹, Lars Lönn², Ruben Juhl Jensen³, Mats Lindh⁴, Susanne Frevert⁵, Klaus Brasso⁶, Martin Andreas Røder⁷

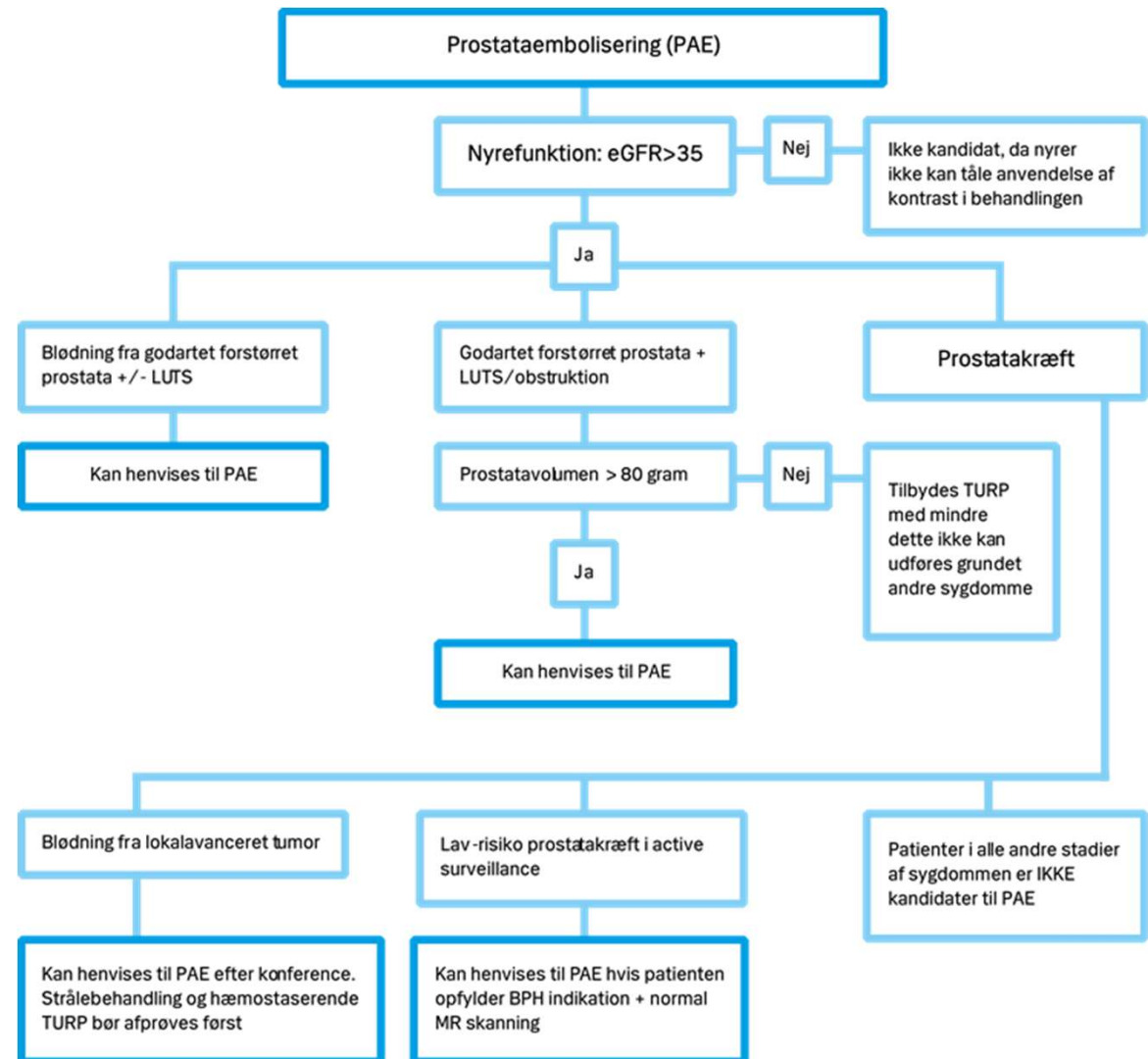
Affiliations + expand

PMID: 31027211 PMCID: PMC6628284 DOI: 10.3390/diagnostics9020046

[Free PMC article](#)

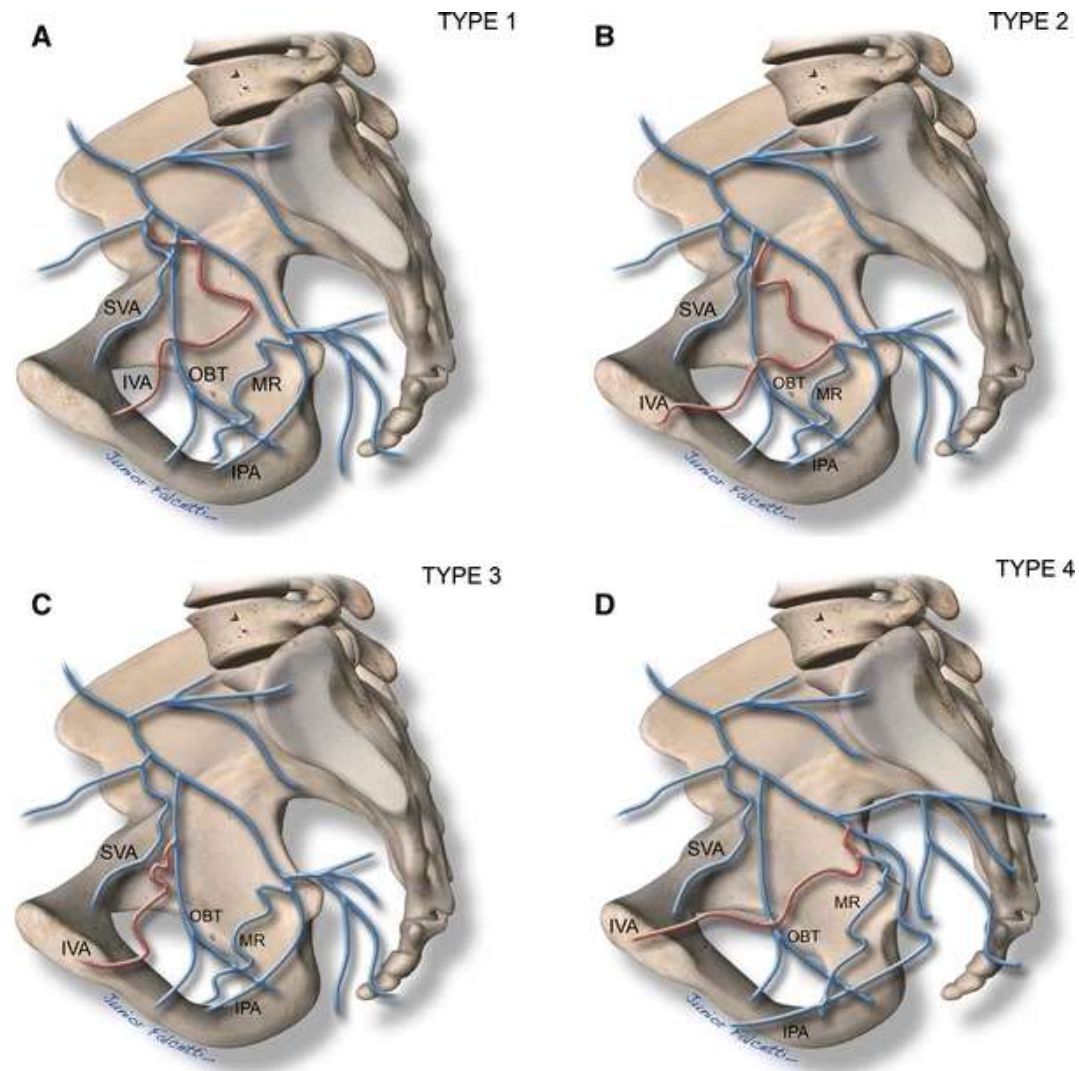
Nuværende indikation

- Behandlingsalternativ til kirurgisk intervention
- PV >80mL
- Tilladelig anatomi



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Carnevale et al, CVIR 2017

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Udfordringer

REGION

Rot +1°
Ang -0°
FD 48 cm



0:00
8:00
9:21:02

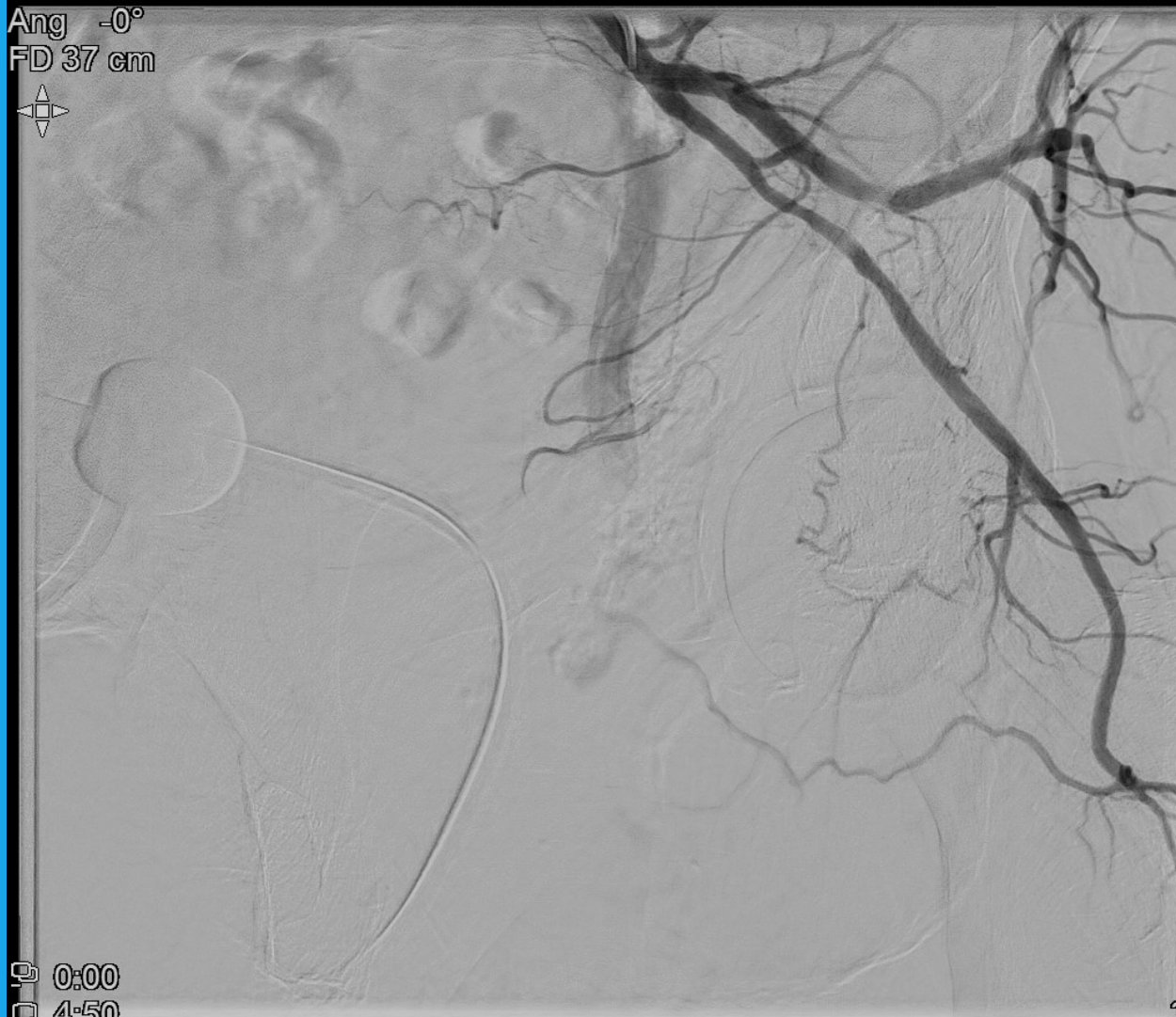


1
26-10..17

Udfordringer

- Vekslede karanatomi

Rot +33°
Ang -0°
FD 37 cm



0:00
4:50
9:27:37

3
24-10

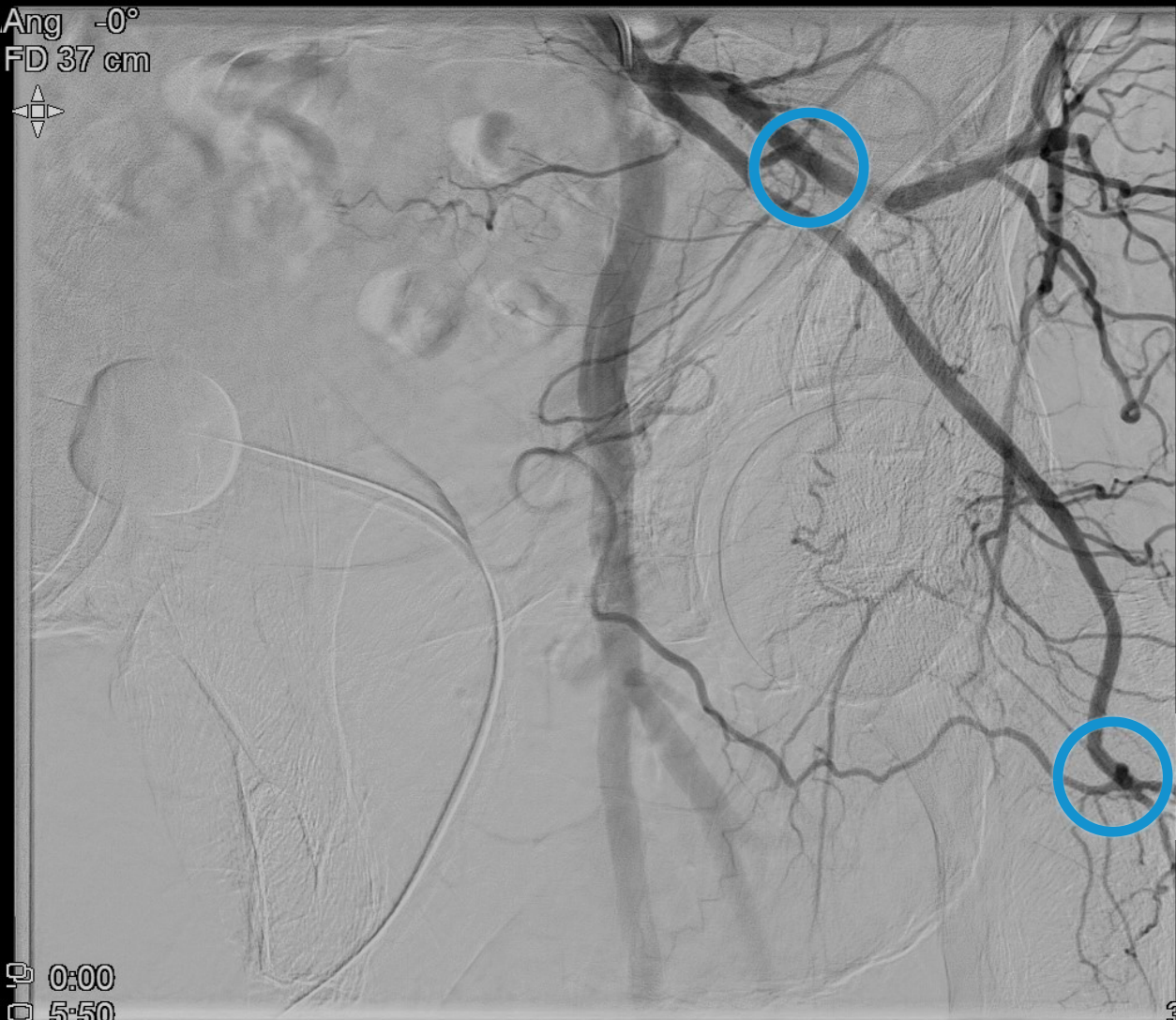
Udfordringer

- Aflukning af "hovedvej"

Rot +33°
Ang -0°
FD 37 cm



0:00
5:50
9:27:37

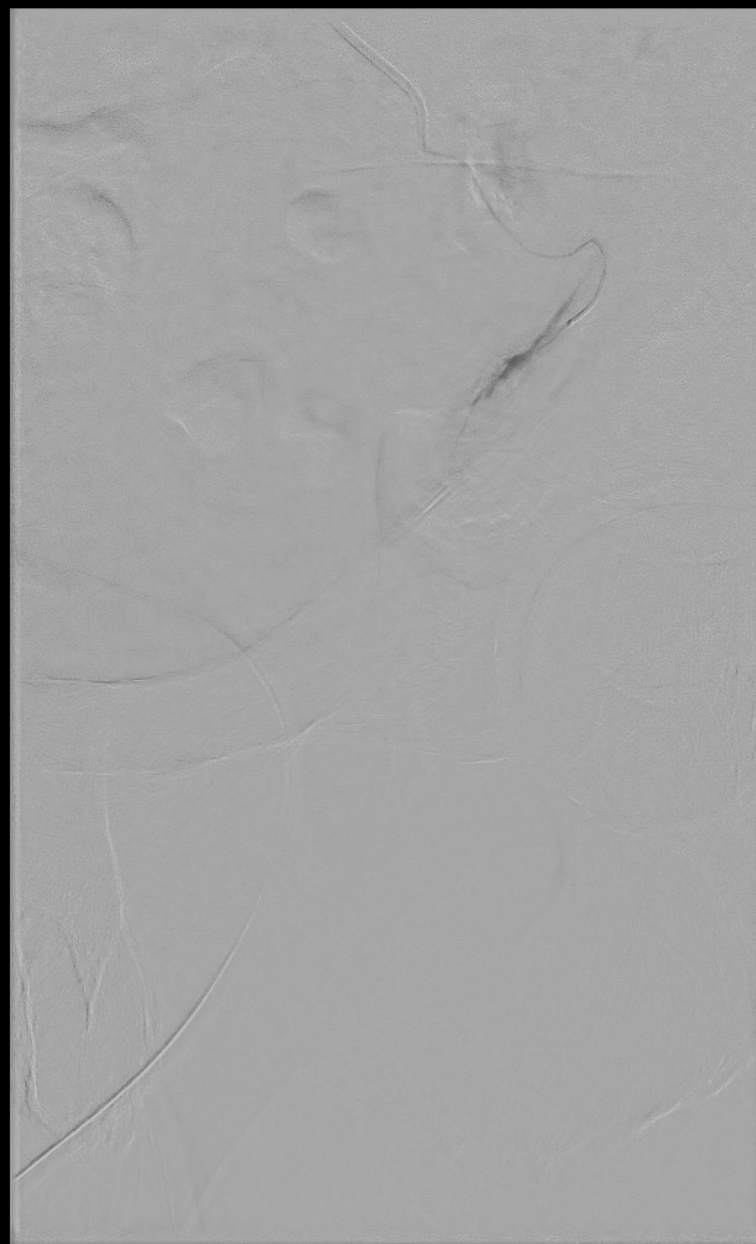


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Udfordringer

- Aflukning af "hovedvej"

Rot +33°
Ang -0°
FD 37 cm



0:00
2:50
9:40:19



Udfordringer

- Aflukning af "hovedvej"

Rot +33°
Ang -0°
FD 37 cm



□ 1:00
» 10:18:31

Udfordringer

Rot +3°
Ang -0°
FD 31 cm



Post 1mL embosphere



0:00
5:50
10:46:40

Udfordringer

- Forbindelse til afveje

Rot -2°
Ang -0°
FD 37 cm



0:00
3:50
11:25:59



33
16-8

PAE-studier på Rigshospitalet

- Systematisk Review
- Palliativ PAE ved c.prostata
- Case-report med hæmofili-patienter
- Strålingsstudier
- PerfusionsCT som prædiktør for succes
- RCT om at nedsætte bivirkningsprofil
- RCT PAE vs TUMT (multicenter-studie)

PRESSE OG NYT

Bittesmå kugler tager pulsen på prostata

Tusinder af danske mænd får hvert år problemer med at tisse på grund af forstørret prostata. Ny behandling med mikropartikler kapper blodforsyningen og får den forvoksede kirtel til at skrumpes.

Diagnostics (Basel), 2020 Sep; 10(9): 659.
Published online 2020 Aug 31. doi: [10.3390/diagnostics10090659](https://doi.org/10.3390/diagnostics10090659)

PMCID: PMC755179
PMID: [32878325](https://pubmed.ncbi.nlm.nih.gov/32878325/)

Postembolization Syndrome after Prostatic Artery Embolization: A Systematic Review

Petra Svarc,^{1,*} *Mikkel Taudorf*,¹ *Michael Bachmann Nielsen*,¹ *Hein Vincent Stroomberg*,² *Martin Andreas Røder*,² and *Lars Lönn*¹

CVIR Endovasc, 2022 Dec; 5: 21.
Published online 2022 Apr 21. doi: [10.1186/s42155-022-00299-x](https://doi.org/10.1186/s42155-022-00299-x)

PMCID: PMC9023631
PMID: [35449378](https://pubmed.ncbi.nlm.nih.gov/35449378/)

Prostatic artery embolization in men with severe hemophilia a: a case report of two patients

Petra Svarc,^{1,2} *Peter Kampmann*,³ *Lars Lönn*,^{1,2} and *Martin Andreas Røder*,^{2,4}

Palliative Prostate Artery Embolization for Prostate Cancer: A Case Series

B. Malling ✉, *M. A. Røder*, *M. Lindh*, *S. Frevert*, *K. Brasso* & *L. Lönn*

CardioVascular and Interventional Radiology, **42**, 1405–1412 (2019) | [Cite this article](#)

BMJ Open, 2021; 11(11): e047878.
Published online 2021 Nov 1. doi: [10.1136/bmjopen-2020-047878](https://doi.org/10.1136/bmjopen-2020-047878)
Protocol

PMCID: PMC8562514
PMID: [34725072](https://pubmed.ncbi.nlm.nih.gov/34725072/)

Efficacy of dexamethasone in reducing the postembolisation syndrome in men undergoing prostatic artery embolisation for benign prostatic hyperplasia: protocol for a single-centre, randomised, double-blind, placebo-controlled trial—the 'DEXAPAE' study

Petra Svarc,^{1,2} *Hein Vincent Stroomberg*,^{2,3} *Ruben Juhl Jensen*,¹ *Susanne Frevert*,¹ *Mats Håkan Lindh*,¹ *Mikkel Taudorf*,^{1,2} *Klaus Brasso*,^{2,3} *Lars Lönn*,^{1,2} and *Martin Andreas Røder*,^{2,3}

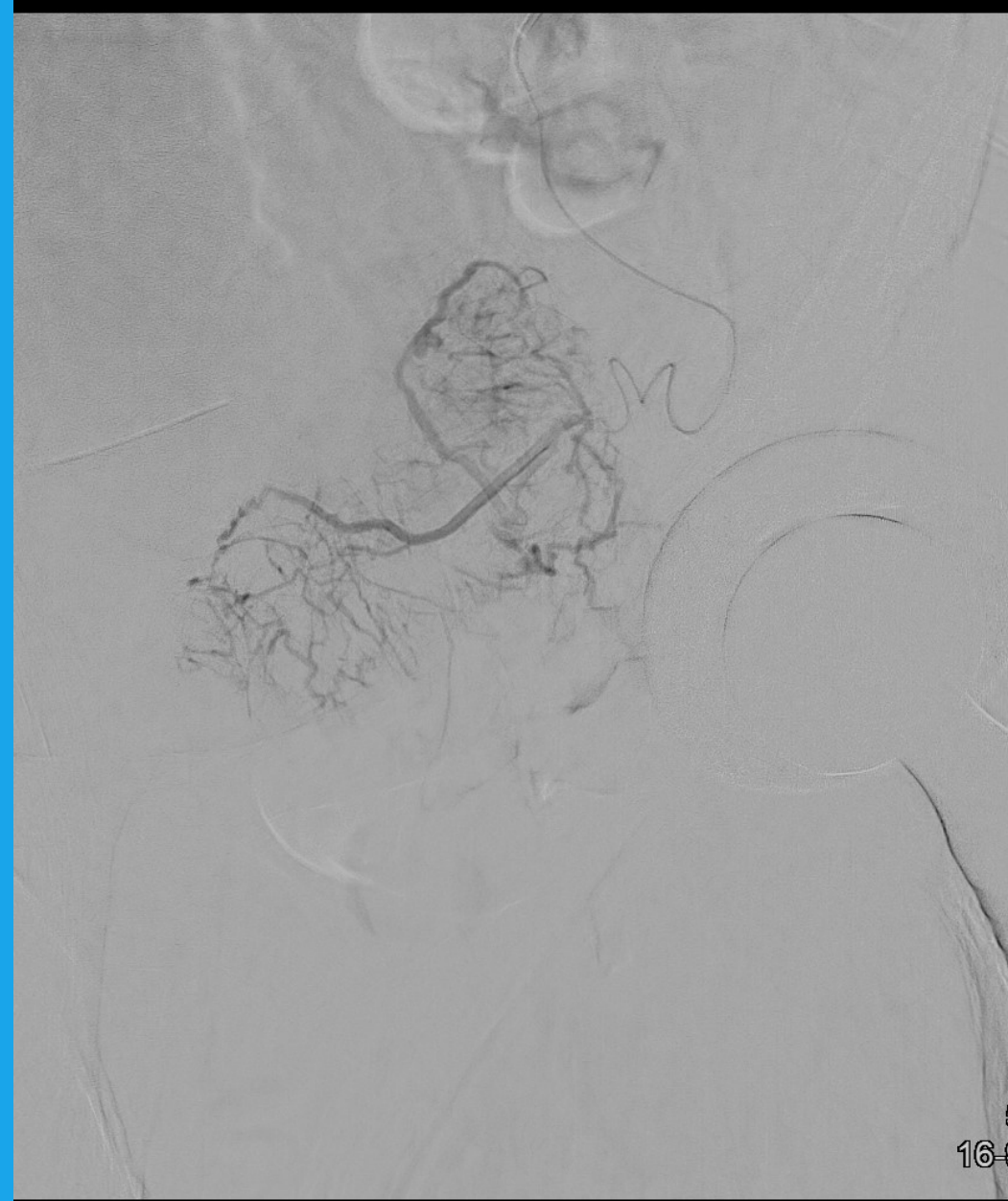
Unfit for surgery (case)

- Stor prostata >400mL
- Urinretention efter anden kirurgi
- Alm. uretralkateter ikke muligt
- Topkateter



Unfit for surgery (case)

- Stor prostata >400mL
- Urinretention efter anden kirurgi
- Alm uretralkateter ikke muligt
- Topkateter
- CT viser mulighed for PAE
- Først venstre side



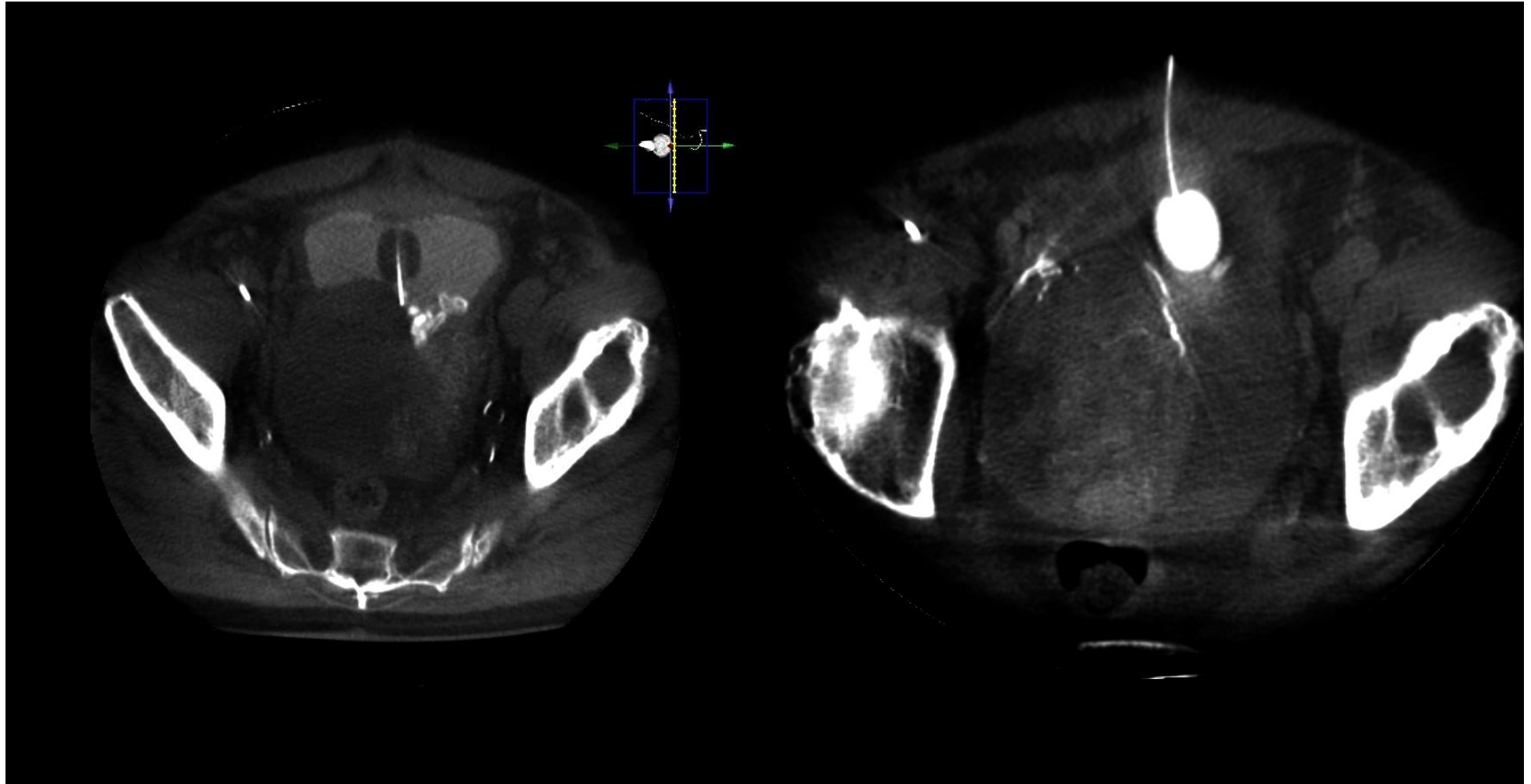
Unfit for surgery (case)

- Stor prostata >400mL
- Urinretention efter anden kirurgi
- Alm uretralkateter ikke muligt
- Topkateter
- CT viser mulighed for PAE
- 3 mdr. senere højre side

Rot -2°
Ang +0°
FD 37 cm



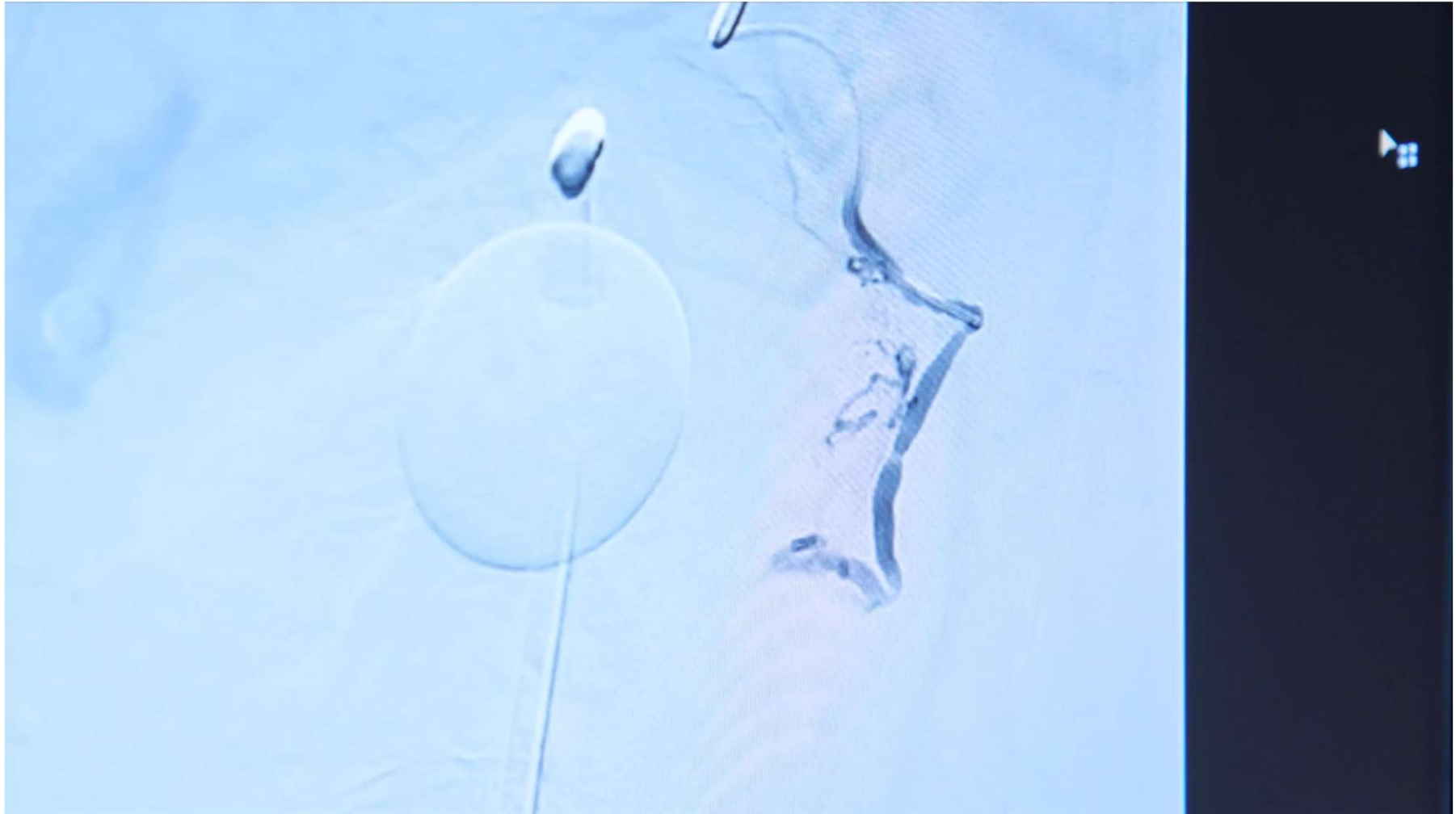
0:00
4:00
10:34:12



Unfit for surgery (case)

- Follow-up
- 3 mdr. efter 1. PAE
 - Begyndende vandladning
 - Aftagende størrelse ca. 320mL
- 3 mdr. efter 2. PAE
 - fin vandladning, lille residual volumen, sep. top-kateter
 - Yderligere aftagende størrelse ca. 280mL
- 6 mdr. efter 2. PAE
 - Lader vandet frit





Rigshospitalet
Diagnostisk Center

Paneldiskussion

- Prof. Andreas Røder
- Prof. Lars Lönn
- Cheflæge Martin Lundsgaard Hansen



Grand Rounds

Rigshospitalet

Paneldebat



Grand Rounds

Rigshospitalet

Tak for i dag

