

# Conference Programme

## 4<sup>th</sup> European Conference on Preconception Health and Care | Having Children in the Future

Copenhagen University Hospital, Rigshospitalet, Auditorium 1 and 2

**Thursday, 26 September 2019**

Time	Title	Speakers
09:00 – 09:30	Registration and Coffee	
09:30 – 09:35	Welcome	Hanne Kristine Hegaard (Conference President)
09:35 – 09:45	Opening	Sophie Hæstorp Andersen (Chairman of the Regional Council)
<p><b>Session 1: Children are Future Generations</b></p> <p>Auditorium 1</p> <p>Chairs: Hanne Hegaard &amp; Henriette Svarre</p>		
09:45 – 10:10	A disease we forgot to prevent	Søren Ziebe (DK)
10:10 – 10:35	Before the beginning	Judith Stephenson (UK)
10:35 – 11:00	Coffee and poster session	
<p><b>Session 2: Fertility Awareness</b></p> <p>Auditorium 1</p> <p>Chairs: Tanja Tydén &amp; Ellen Mikkelsen</p>		
11:00 – 11:30	Fertility education – The UK experience	Joyce Harper (UK)
11:30 – 12:00	The Reproductive Life Plan; how, when, why and for whom?	Maria Ekstrand (SE)



12:00 – 12:25	You are not a family until the child is born	Henriette Svarre Nielsen (DK)
12:25 – 13:25	Lunch and poster session	
<p style="text-align: center;"><b>Session 3: Family Building</b></p> <p style="text-align: center;">Auditorium 1</p> <p style="text-align: center;">Chairs: Maria Ekstrand &amp; Ane Rom</p>		
13:25 – 13:55	Family building: a dream or nightmare for young people	Karin Hammarberg (AUS)
13:55 – 14:25	Still trying to conceive – psychosocial consequences among women and men	Emily Koert (CAN)
14:25 – 14:40	Family formation is a priority and prevention of reproductive diseases is a shared responsibility	Henk Jan Out (Ferring Global)
14:40 – 15:10	Coffee and poster session	
<p style="text-align: center;"><b>Session 4: Challenges for Reproductive Health</b></p> <p style="text-align: center;">Auditorium 1</p> <p style="text-align: center;">Chairs: Søren Ziebe &amp; Eric Steegers</p>		
15:10 – 15:40	Environmental and developmental determinants of ovarian function	Nicholas Stephen Macklon (UK/DK)
15:40 – 16:10	Gender inequality and access to fertility care	Georgina Chambers (AUS)
16:10 – 16:35	<p>Must treatment of patients with reproductive diseases be regulated different than for other types of patients?</p> <p>A conversation on assisted reproduction with ethical and legal overtones and human undertones</p>	<p>Gorm Greisen (DK)</p> <p>Janne Rothmar Herrmann (DK)</p> <p>Moderated by Søren Ziebe (DK)</p>

19:00 -	Conference dinner	Restaurant Tramonto, Pasteursvej 2, 1799 Copenhagen V
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## Friday, 27 September 2019

Time	Title		Speakers		
08:30 – 09:00	Coffee				
<b>Session 5: Preconception Care</b>					
Auditorium 1					
Chairs: Brian Jack & Hanne Mikkelsen					
09:00 – 09:30	“Semen quality – men’s age, fecundity, and offspring health”		Niels Jørgensen (DK)		
09:30 – 10:00	Preconception and embryonic origins of health		Eric Steegers (NL)		
10:00 – 10:30	Delivering Pre-Pregnancy Care by Building Partnerships among Women, Clinics and the Community		Sarah Verbiest (US)		
10:30 – 11:00	Coffee and poster session				
<b>Session 6</b>					
Parallel					
<b>Session 6A: Preconception Health and Care</b>			<b>Session 6B: Fertility</b>		
Auditorium 1			Auditorium 2		
Chairs: Sarah Verbiest & Jenny Stern			Chairs: Joyce Harper & Henriette Svarre		
11:00 – 11:20	<b>Invited</b> The role of the midwife in pre-conception care	Jill Shawe (UK)	11:00 – 11:15	Concerns on future fertility among users and past-users of combined oral contraceptives: A questionnaire survey	Selma Kløve Landersø (DK)

11:20 – 11:40	<b>Invited</b> Preconception diet and fecundability	Ellen Mikkelsen (DK)	11:15 – 11:30	Optimal preconception interval for a successful pregnancy after previous bariatric surgery	Laura Ma- la- kauskiene (LT)
11:40 – 11:55	Foreign-born Women’s Lifestyle and Health before and during Early Pregnancy in Sweden	Jenny N. Hultstrand (SE)	11:30 – 11:45	Meditation and recurrent pregnancy loss	Karen Hen- riette K. Jensen (DK)
11:55 – 12:05	Encouraging vulnerable women to adopt healthy lifestyle behaviors in preparation for pregnancy: an ethical framework	Sharissa Smith (NL)	11:45 – 12:00	Randomised controlled trial of connected ovulation test system demonstrates double the chances of pregnancy in first cycle and reveal other factors affecting pregnancy likelihood	Sarah Johnson (CH)
12:05 – 12:20	Neighbourhood deprivation and foetal growth: the Generation R study	Dionne Gootjes (NL)	12:00-12:20	<b>Invited</b> Antenatal awareness; a midwifery perspective on oocyte donation	Hanne Mik- kelsen (DK)
12:20 – 13:10	Lunch				
Session 7					
Parallel					
Session 7A: Preconception Care and Health Technologies			Session 7B: Men and Fertility Awareness		
Auditorium 1			Auditorium 2		
Chairs: Judith Stephenson & Jill Shawe			Chairs: Karin Hammarberg & Maria Ekstrand		
13:10 – 13:30	<b>Invited</b> Development of an online interactive tool to	Ilse Del- baere (BL)	13:10 – 13:30	Is psychosocial vulnerability identified in early pregnancy in- creased in those who	Maria Salo- mon (DK)

	enhance fertility awareness			conceive with fertility treatment in comparison to those who conceive naturally and do the reasons for vulnerability differ across groups?	
13:30 – 13:45	Using Innovative Communication Technology to Improve the Health of Young African American Women	Brian Jack (US)	13:30 – 13:45	What do men want? Exploring men's attitudes towards family-building: a mixed methods study	Bola Grace (UK)
13:45 – 14:00	Impact of a Blended Periconception Dietary and Lifestyle Approach Combining Face-to-Face Counselling with eHealth "C Patient Adoption and Baseline Characteristics	Melissa van der Windt (NL)	13:45 – 14:00	Men and parenthood	Randi Sylvest (DK)
14:00 – 14:15	Preconception Health of Youth, Bridging the Gap in and through Education PreconNet health and care model for education	Magalie De Pauw (BL)	14:00 – 14:15	In everybody's interest but no one's assigned responsibility: a qualitative study on primary health care providers' beliefs and views on preventive work for men's sexual and reproductive health and rights	Jenny Stern (SE)
14:15 – 14:30	The potential role of Australian naturopaths in the delivery of preconception care: secondary analysis of the	Amie Steel (AU)	14:15 – 14:30	"When you walk, in they focus on the woman": Findings from an interview study with men who experience fertility problems	Dilisha Patel (UK)

	Practitioner Research and Collaboration Initiative (PRACI)				
14:30 – 14:45	The use of complementary and alternative medicine among women and men prior to and during fertility treatment	Anne Dige Søgaard (DK)	14:30 – 14:45	Couples' intentions to adopt fertility-protective behaviours: The role of sociodemographic variables, reproductive life-plan intentions and attitudes towards infertility	Juliana Pedro (PT)
14:45 – 15:15	Coffee				
<div>Session 8: Ethics in Preconception Health and Care</div> <div>Auditorium 1</div> <div>Chairs: Lillian Bondo &amp; Søren Ziebe</div>					
15:15 – 15:45	The aims of preconception care: a philosophical exploration		Hafez Ismaili M'hamdi (NL)		
15:45 – 16:15	Ethics (and politics) of reproductive technologies		Charlotte Kroløkke (DK)		
16:15 – 16:45	<b>Panel discussion</b>  “The future for fertility awareness and preconception health and care”		Sarah Verbiest (NL)  Hafez Ismaili M'hamdi (NL)  Charlotte Kroløkke (DK)  Georgina Chambers (AUS)  Moderated by Lillian Bondo (DK)		
16:45 – 17:00	Award: Best poster & oral presentation		Hanne Kristine Hegaard (DK)		
17:00 – 17:15	Closing ceremony – Next conference		Hanne Kristine Hegaard (DK)		

**Organizing Committee:** The conference is a collaboration between the Department of Obstetrics and then Fertility Department, Copenhagen University Hospital, Rigshospitalet and Department of Public Health, University of Copenhagen.

**Collaborators:** The PrePreg Network, The Danish Association of Midwives, and Department of Midwifery at the University College Copenhagen.

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