

To: All parents to a child admitted to  
the Department of Neonatology, Rigshospitalet

**Entrance** 5  
**Department** 5024  
**Telephone** 35458703

## Corona status as of December 11<sup>th</sup>, 2020

0473

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Neonatology

### Dear parents.

We follow the development of the ongoing corona virus (SARS-CoV-2) pandemic very closely at the Department of Neonatology.

So far we have not had any COVID-patients at the Department. There is no evidence indicating newborn infants are at a particular risk; nevertheless, in close cooperation with the Danish health care authorities we have decided to pay extra attention to the newborn infants admitted to the neonatal departments all over the country.

We are very focused on observing and complying with hygienic rules, preventative measures and on social distancing.

The spread of the virus in the society around us has once more surged leading to increased efforts at our Department in order to avoid unwanted escalation of corona positive cases amongst our patients, you as parents and not least our staff.

### Parents

Hospitalized infants can be accompanied by two parents (or relatives) provided that you are not sick. Should critical illness occur we will always take that into account and together with you, we will find the right solution.

We are quite aware of this challenging balance. We must minimize the risk of spread of the virus, but at the same time it is crucial to us that we take into account you as a family and your needs to be together during the hospital stay.

You can help us protect your child, yourself and the staff who is caring for and treating your child and the other patients at the Department.

We encourage you to keep on social distancing and complying with a thorough hand hygiene as much as possible in the Department.

### COVID test of parents

The Danish Board of Health (Sundhedsstyrelsen) recommends that parents to admitted children are tested for COVID-19.

- We ask you to follow the attached information on testing procedure
- Once tested, you can see the result on sundhed.dk or MinSP app
- We encourage you to be tested every 7<sup>th</sup> day
- Tell us about your test result so that we can assist with potential precautions and actions to be taken
- Hospitalized children under the age of 12 years will not routinely be tested for COVID-19
- Should you appoint resource persons from you network they also need to be tested

## **Access to the Department of Neonatology**

### **Asymptomatic**

- As parents you need to be free of symptoms that might indicate presence of COVID-19 (cough, fever, common cold) for at least 48 hours before your access to the Department of Neonatology

### **Potential visitors**

- Visitors are asked to wait in the reception area by the elevators. The patient room is contacted, and the staff will together with you decide where the visit can take place
- Only one (1) visitor is allowed entering the patient room at a time and only briefly
- The access point to the Department is through the door indicating "5024". Please follow the information by the entrance. Outerwear, watches, jewelries etc. are to be removed and hand sanitizers to be used upon arrival

### **Hand sanitisers**

- Make sure – during the duration of your stay at the Department – to maintain a thorough and frequent hand hygiene. Use the hand sanitizers available everywhere

### **Social distancing**

- If possible, maintain minimum 1 meter distance between patient, parents and potential visitors. Physical contact as hand shakes and hugs are to be avoided

### **Face masks/visor**

- Parents who have tested negative for the corona virus and have no airway symptoms do not need to use face masks or visors in the patient room
- All parents and relatives – despite their test result – are to wear face masks or a visor everywhere at the Department outside the patient rooms
- Exceptions from this rule are during static work at a computer, breaks, meals or meetings with a limited number of people

We shall continue to do all we can to do the right thing for your child, you as a family and the staff responsible for the care and treatment of your child.

If you have any doubts or questions, do not hesitate to contact the staff.

Kind regards,

**Sanne Allermann Beck & Morten Breindahl**

Head Nurse & Head of Department