

To: Parents to a child admitted to the Department of Intensive care for newborns and small children (GN)

**Opgang** 5  
**Afsnit** 5024  
**Direkte** 35458703

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Neonatology, Rigshospitalet

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## Corona status as of September 09<sup>th</sup>, 2021

### Dear parents,

We follow the development of the ongoing corona virus (SARS-CoV-2) pandemic very closely.

Since the beginning of the pandemic we have only had one COVID-patient at the Department and no outbreaks. There is no indication that newborn infants and small children are at a particular risk. Nevertheless, we pay extra attention to all infants admitted to the Neonatal Department.

It is, however, still important to *comply with hygienic rules, use relevant personal protection equipment (PPE) and to keep social distancing.*

The spread of the virus in the society around us is under control thanks to the increasing number of fully vaccinated citizens.

### Parents

As parents you are welcome to accompany your child provided that you are well. Should critical illness occur we will always take that into account and together with you, we will find the right solution.

We realize that this is a challenging balance. We must minimize the risk of spread of the virus, but at the same time it is crucial to us that we consider you as a family and your needs to be together during the hospital stay.

You can help us, yourself and the staff who is caring for and treating you child and the other patients by keep on social distancing and complying with a thorough hand hygiene.

### COVID test of parents

If you are fully vaccinated, there is no reason for repetitive testing – unless you become close contacts or develop symptoms yourselves.

If you are not fully vaccinated, we encourage you to be tested x 1 per week.

- Once tested, you can see the result on sundhed.dk or MinSP app
- Tell us about your test result so that we can assist you
- Hospitalized children < 12 years will not routinely be tested

### Access to the Department

By entering either sections, please follow the instructions for at the entrance. Outerwear, watches, jewelries etc. are to be removed and hand sanitizers to be used.

**Asymptomatic**

- As parents you need to be free of symptoms that might indicate presence of COVID-19 (cough, fever, common cold) for at least 48 hours before your access to the Department of Neonatology

**Visitors**

- Visitation restrictions have been cancelled, so your relatives are welcome at the Department. However, please make sure that visits are conducted in a responsible way with due respect to the other patients, families and staff members.
- If in doubt, do not hesitate to ask the staff.

**Hand sanitisers**

- Make sure – during the duration of your stay at the Department – to maintain a thorough and frequent hand hygiene. Use the hand sanitizers available everywhere.

**Vaccination of pregnant and lactating women**

- The Danish National Board of Health now recommends that pregnant and lactating women are vaccinated against COVID-19.
- Vaccination is recommended either in the 2. or the 3. trimester.
- If you are breastfeeding your child, you may be vaccinated at any time, no matter how long you have been breastfeeding or when you have given birth.

We shall continue to do all we can to do the right thing for your child, you as a family and the staff responsible for the care and treatment of your child.

If you have any doubts or questions, do not hesitate to contact the staff.

Kind regards,

**Sanne Allermann Beck & Morten Breindahl**  
Head Nurse & Head of Department