Fast-track colonic surgery

References

2012
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Anaesthesia/Surgical stress/Antithrombotic Therapy


**Analgesia**


Kehlet H, Kristensen BB. Local anesthetics in the surgical wound – is the pendulum swinging towards increased use. Reg Anesth Pain Med 2009;34:393-397.


WWW.postoppain.org


Fluid / Insulin resistance


**Bowel prep.**


**Incision**


**Urinary drainage**


**Nasogastric intubation**


**Drain**


**PONV**


Ileus


Nutrition
Andersen HK, Lewis SJ, Thomas S. Early enteral nutrition within 24h of colorectal surgery versus later commencement of feeding for postoperative complications. Cochrane Database Syst Rev 2006;CD004080.


Fast-track colonic surgery


**Laparoscopic surgery**


Delaney CP. Outcome of discharge within 24 to 72 hours after laparoscopic colorectal surgery. Dis Colon Rectum 2008;51:181-5.


Re-admission

Nursing req.


Convalescence / Fatigue / Rehabilitation / Mobilisation


Information


Patient satisfaction


McCaughan E, Prue G, Parahoo K, McIlfatrick S, McKenna H. Exploring and comparing the experience and coping behaviour of men and women with colorectal cancer at diagnosis and during surgery. JAN 2011;67:1591-1600.


Implementation


